

Volunteering and Qualifications

We welcome people of all ages and abilities as volunteers within our cafes, and offer the following:

Working here
has given me new
ideas and so much
confidence.

- Training in Basic Food Hygiene
- Individual support and regular supervision
- The opportunity to gain additional qualifications e.g. NVQ's with Central Sussex College
- A friendly and supportive team environment
- Valuable experience and up-to-date references if you want to move onto paid employment in the future

Whatever your current circumstances, or skills are, if you are interested please get in touch...

We look forward to hearing from you!

Contact Details

Head Office: Phone 01444 459517
Email: info@sussexoakleaf.org.uk

Community Wellbeing Services:

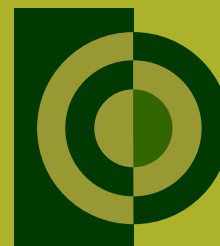
East Grinstead services and café phone: 01444 416391
Crawley services and cafés phone: 01293 534782



Community Cafés



In Crawley and East Grinstead



Find out more...

East Grinstead



Sunny Corner Café

I meet my friends here, and it's so nice to have a lovely meal cooked for me, I like trying the specials.

This is a community café open to all situated in a central location in East Grinstead.

Our aim is to provide low cost meals in a friendly and social environment. Meals are just £3 and snacks start at £1.25.

We are staffed by volunteers from all walks of life, who are increasing their skills and experience, whilst enjoying a friendly working environment.

We are open from 4pm to 7pm on Wednesdays and Fridays at:

Glen Vue Centre
Railway Approach
East Grinstead

Come along and give us a try!

Crawley

Handy for a snack when I am out shopping

Mundy's Café

We serve a lunch menu at a very low cost price. Jacket potatoes are our customers favourite served with a filling and small salad, the prices start at only £1.75.

We are open from 10am to 4pm on Mondays at:

St Johns Church Hall
Church Walk
Crawley Town Centre

Stepping Stones Café

We serve a range of snacks, hot and cold food, and drinks at affordable prices, in a homely and friendly environment.

We are open 12pm to 2pm on Tuesdays and Thursdays, and 12.30 to 2.30pm on Sundays at:

5 Perryfield Road
Southgate

There is a lovely atmosphere here, and everyone is made so welcome!

Our teams are staffed with volunteers who are using the café's to gain working experience and become more confident in their abilities.