

## SUPPORT US

If you would like to support the work that Sussex Oakleaf does please visit our website for information on how to donate, fundraise or partner with us.



## VOLUNTEER

In 2015/16 over fifty volunteers provided nearly 5,000 hours of support to our services. Find out how you can become a volunteer by visiting our website.

## OAKLEAF CONSUMER CIRCLE

A group of current and former clients who ensure that the client voice is heard and acted upon by senior management and the Board of Sussex Oakleaf.



Sussex  
**OAKLEAF**  
[www.sussexoakleaf.org.uk](http://www.sussexoakleaf.org.uk)

For more information about us and any of our services please visit our website or contact us using the details below



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Sussex Oakleaf is a Registered Society  
with charitable status FCA No. 27984R



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**HELPING PEOPLE SURVIVE CRISIS  
AND RECOVER CONTROL IN THEIR LIVES**

Sussex Oakleaf provides a range of support services to people with mental health needs, those with a personality disorder and individuals at risk of homelessness.

We empower people and promote independence by providing recovery focused community wellbeing services, residential care, peer mentoring, housing support and volunteering opportunities.

Our clients are at the heart of everything we do at Sussex Oakleaf. We offer a range of opportunities for clients to become involved in the planning, delivery and evaluation of our services.

### COMMUNITY WELLBEING SERVICES



One to one support and group activities for people experiencing mental health problems. Available in East and West Sussex.

### LIGHTHOUSE RECOVERY SERVICE



Support for people with a personality disorder in Brighton and Hove. Open 7 days a week providing daily groups and activities as well as individual support.

### TEMPORARY HOUSING SERVICES



Temporary accommodation in Burgess Hill and Haywards Heath for people who are homeless, or at risk of becoming homeless.

### 24 HOUR REGISTERED CARE



Medium to long term accommodation across West Sussex with 24 hour support for individuals with enduring mental health conditions.

### PLACE OF CALM: SUICIDE PREVENTION



Provides a calm space for individuals needing suicide prevention and risk management in East Sussex. Referrals from professionals only.

### COMMUNITY RECOVERY SERVICE



Personalised support for individuals with severe and enduring mental health conditions within their own homes.