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**Sussex OAKLEAF**  
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[www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)

**Disclaimer:** Sussex Oakleaf would like to note that all views and opinions expressed in this newsletter are that of the contributor and not necessarily those of the organisation as a whole.

**'What a picture!'**  
 And the winner is...

Jan Clancy  
 from Brightview  
 with  
**'Perception'**

**CONGRATULATIONS Jan!!!**  
 Jan wins a £20 gift voucher from the shop of her choice.  
 Cameras are still available for all who want to enter. Contact Suki Westmore or Claire Knight at Norris House for a camera or ask a member of staff.

**Special Edition**  
**Sussex Oakleaf Week 2010**

**Sussex OAKLEAF**  
[www.sussexoakleaf.org.uk](http://www.sussexoakleaf.org.uk)

Sussex Oakleaf Week was held between 21st June and 27th June as a way of promoting our organisation, showcasing our work and celebrating our Service User's and Staff.

Sussex Oakleaf week started with a multi-agency conference around the topics of Personalisation and Dual Diagnosis.

Agencies that took part were **Sussex Oakleaf, Time To Change, Littlehampton & Worthing MIND, Cornerhouse Project and The Richmond Fellowship.**

Speakers included **Anita Green** from Sussex Partnership Trust and **Tina Coldman** an Independent Consultant.

**Angela Etherington** introduced the 'Time To Change' campaign, which aims to reduce stigma and challenge discrimination.

Workshops were held to explore and discuss views around developing good practice in Personalisation, setting up a dual diagnosis steering group, setting up a volunteer project within Sussex Oakleaf and developing a 'Time To Change' initiative, some very current and emotive topics.

Individual pledges to end discrimination and challenge stigma where written on Oak leaves and attached to a giant Oak tree which is now displayed at Norris House.

The **Oakleaf Consumer Circle** attended and spoke about their background and achievements to date.

**'Project Volunteer'** was launched by Sue Darnell. This is a new initiative within Sussex Oakleaf to support people to engage in volunteering opportunities in the organisation and the local community.

Everyone had an enjoyable day and participation on all levels was excellent.



## Garden Parties all round

### The Day In The Park

People sitting on the grass  
With no-where to go  
No-one moving very fast  
Nearby the river did flow  
Soon some of them got up  
They had had a good break  
They drank some tea with a cup  
The shop, not much money did take.  
They wandered off down the lane  
Separate ways to go,  
They could always come back again,  
The flow of the road showed them where  
to go.

Richard Sautell

Garden parties were held at Daubeney House, Shakespeare Road and Leylands Road.



*Enjoying the Summer Sun*



Service User's and Staff enjoy badminton and a picnic in Littlehampton.

## Face Painting and fun at our Fetes in Eastbourne and Haywards Heath

Two fete's were held during Sussex Oakleaf Week. The first was held at Bolnore Road in Haywards Heath and the second at Brightveiw in Eastbourne.

Both Events were well attended. In Haywards Heath the world food stall was the biggest draw and in Eastbourne the Segway's and face painting proved popular.



In total the fete's took approximately

**£400!**



## Project Volunteer

Project Volunteer was successfully launched at the Conference on 21 June. I am the Project Coordinator ably assisted by another volunteer, Becky Moles. Our aim is to set up a bank of volunteers initially from within our service users at Sussex Oakleaf, but including any other members of the public who also may be interested in volunteering here at Sussex Oakleaf.

We will direct them to the areas where they can offer the most assistance and obtain the most satisfaction. This could be within Sussex Oakleaf or with other services. The project will support, manage and supervise the volunteers as well as offering them a valuable and rewarding experience.

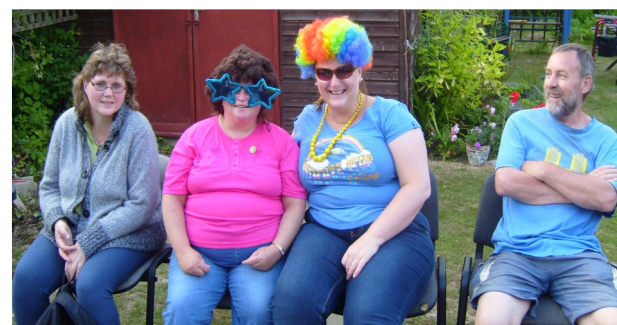
Please contact Becky or myself if any service users may be interested. We are particular looking for potential volunteers from the Young Persons Service. We also require details from all our projects of any volunteering opportunities you may be able to offer our new volunteers.

Volunteers make an invaluable contribution which could impact greatly on Sussex Oakleaf, helping us to provide a high quality service which we can all be proud of.

*Sue Darnell*



## 70's Night at Stepping Stones



## Wealden BBQ's

On the 23rd June a BBQ was held at the Old Chapel in Hailsham. **'Inclusion'** was the theme. The service was opened to everybody and Service Users brought family and friends along. Jakki organised a quiz and Cynthia was the fortunate person who won the prize, tickets to the local cinema.



At Oakgrove in Crowborough a Barbeque with a **'Mexican'** theme was the star event for service users celebrating Sussex Oakleaf Week,. It was well attended and very much enjoyed by the look of the pictures...

Service users savored some Mexican delicacies such as spicy chili and tortillas, corn on the cob,... and some burgers as well, which must be included in any barby worthy of mention.

It was a warm sunny day so the big trays with red fresh watermelon were the perfect dessert. Ray truly embraced the "fiesta" and wore his Mexican hat, useful to shelter from the sun...